

Lunch Time

Weekly Menu

Week: 1



Our school menus have been designed to provide balanced, delicious and healthy choices for your child using seasonal produce. Food is home-made and is cooked in School.

MENU	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SALAD BAR	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*
	Grated Cheese	Grated Cheese	Grated Cheese	Grated Cheese	Grated Cheese
	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg
	Tuna	Tuna	Tuna	Tuna	Tuna
SIDE ITEMS	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread
	Rice and Dahl	Rice and Dahl	Rice and Dahl	Rice and Dahl	Rice and Dahl
VEGETARIAN OPTION	Taco Shells with Salad	Vegetable Lasagne		Cheese Croissant	
	Vegetable Curry	Beef Lasagne	Margarita Pizza	Spaghetti & Vegetarian Sauce	Vegetable Biryani
MAIN DISH OF THE DAY	Rice		Vegetable Pizza		Chicken Biryani
	Chicken Curry	Buttered Corn	Pepperoni Pizza		
			Potato Wedges	Spaghetti Bolognaise	
		Garlic Bread	Baked Beans		
			Chicken Marengo		
SOUP	Spring Season Soup	Pumpkin Soup	Tomato Chicken Noodle Soup	Asparagus Soup	Chicken & ABC pasta soup
DESSERT	Chocolate Mousse	Rice Pudding	Fruit Salad	Rice Pudding	Custard Cream
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Sliced fruit	Sliced fruit	Sliced fruit	Sliced fruit	Sliced fruit
BEVERAGES	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice
	Water	Water	Water	Water	Water

Mixed Salad Bar includes: Lettuce - Tomato - Cucumber - Carrot - Kidney Beans - Peppers - Coleslaw - Yogurt - Beetroot

Our menus are made using 100% HALAL products
All menu items are subject to change according to seasonality and availability.

Lunch Time

Weekly Menu

Week: 2



Our school menus have been designed to provide balanced, delicious and healthy choices for your child, using fresh seasonal produce. , Food is home-made and is cooked in school.

MENU	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SALAD BAR	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*
	Grated Cheese	Grated Cheese	Grated Cheese	Grated Cheese	Grated Cheese
	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg
SIDE ITEMS	Tuna	Tuna	Tuna	Tuna	Tuna
	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread
	Rice and Dahl	Rice and Dahl	Rice and Dahl	Rice and Dahl	Rice and Dahl
VEGETARIAN OPTION	Vegetable Teriyaki	Chick Pea Burger in Bun	Margarita Pizza	Vegetable Curry	Vegetable Spring Rolls
			Vegetable Pizza		
MAIN DISH OF THE DAY	Chicken Teriyaki	Beef Burger in Bun	Pepperoni Pizza	Shredded Braised Lamb	Breadcrumbs Chicken Breadcrumbs Fish Strips
			Chicken Pizza		
	Steamed Rice		French Fries	Broccoli & Carrots	Mashed Potato & Green Peas
		Coleslaw	Baked Beans	Yogurt	
SOUP	Spring Season Soup	Pumpkin Soup	Asparagus Soup	Vegetable Soup	ABC Pasta Soup
DESSERT	Chocolate Mousse	Ice Cream	Fruit Salad	Rice Pudding	Muffin
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Sliced fruit	Sliced fruit	Sliced fruit	Sliced fruit	Sliced fruit
BEVERAGES	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice
	Water	Water	Water	Water	Water

Mixed Salad Bar includes: Lettuce - Tomato - Cucumber - Carrot - Kidney Beans - Peppers - Coleslaw - Yogurt - Beetroot

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Lunch Time

Weekly Menu

Week: 3



Our school menus have been designed to provide balanced, delicious and healthy choices for your child using seasonal produce. Food is home-made and is cooked in School.

MENU	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
SALAD BAR	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*	
	Grated Cheese	Grated Cheese	Grated Cheese	Grated Cheese	Grated Cheese	
	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	
	Tuna	Tuna	Tuna	Tuna	Tuna	
SIDE ITEMS	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread	
	Rice and Dahl	Rice and Dahl	Rice and Dahl	Rice and Dahl	Rice and Dahl	
VEGETARIAN OPTION	Sesame Vegetable Roll	Vegetable Samosa	Margarita Pizza	Cheese Croissants	Stuffed Pepper	
	Coleslaw		Vegetable Pizza		Vegetable Spring Rolls	
MAIN DISH OF THE DAY	Chicken Shwarma	Chicken Samosa	Pepperoni Pizza	Grilled Chicken	Beef Con Carne	
	Green Peas and Carrots	Vegetable Curry white Rice	Chicken Pizza		Fussili Pasta with Tomato Sauce	Vegetable with Tomato Sauce
			Baked Potato Wedges	Chicken Marengo		Green Peas
			Baked Beans			
SOUP	Spring Season Soup	Pumpkin Soup	Tomato Chicken Noodle Soup	Asparagus Soup	Chicken & ABC pasta soup	
DESSERT	Jelly	Muffin	Fruit Salad	Rice Pudding	Ice Cream	
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt	
	Sliced fruit	Sliced fruit	Sliced fruit	Sliced fruit	Sliced fruit	
BEVERAGES	Fresh Apple or Orange Juice Water	Fresh Apple or Orange Juice Water	Fresh Apple or Orange Juice Water	Fresh Apple or Orange Juice Water	Fresh Apple or Orange Juice Water	

Mixed Salad Bar includes: Lettuce -Tomato - Cucumber - Carrot - Kidney Beans - Peppers - Coleslaw - Yogurt - Beetroot

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Lunch Time

Weekly Menu

Week: 4

TAKAMUL شركة التكاثر الوطنية ش.م.م
NATIONAL COMPANY LLC

PizzaInn 

مدرسة السعد العالمية
AGS A'soud Global School

Our school menus have been designed to provide balanced, delicious and healthy choices for your child, using fresh seasonal produce. , Food is home-made and is cooked in school.

MENU	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SALAD BAR	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*
	Grated Cheese	Grated Cheese	Grated Cheese	Grated Cheese	Grated Cheese
	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg
SIDE ITEMS	Tuna	Tuna	Tuna	Tuna	Tuna
	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread
	Rice and Dahl	Rice and Dahl	Rice and Dahl	Rice and Dahl	Rice and Dahl
VEGETARIAN OPTION	Taco Shells with Salad	Vegetable Cottage Pie	Margarita Pizza	Vegetable Marengo	Vegetable Spring Rolls
	Macaroni & Vegetable Sauce		Vegetable Pizza		
MAIN DISH OF THE DAY	Macaroni and Cheese Sauce	Minced Beef Cottage Pie	Pepperoni Pizza	Chicken Marengo	Breadcrumbs Chicken Breadcrumbs Fish Strips
			Chicken Pizza		
		Broccoli	French Fries	Rice	Mashed Potato & Green Peas
		Carrots	Baked Beans		
	Green Peas	Chicken Teriyaki			
SOUP	Noodle Soup	Pumpkin Soup	Asparagus Soup	Vegetable Soup	ABC Pasta Soup
DESSERT	Chocolate Mousse	Ice Cream	Fruit Salad	Rice Pudding	Muffin
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Sliced fruit	Sliced fruit	Sliced fruit	Sliced fruit	Sliced fruit
BEVERAGES	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice
	Water	Water	Water	Water	Water

Mixed Salad Bar includes: Lettuce - Tomato - Cucumber - Carrot - Kidney Beans - Peppers - Coleslaw - Yogurt - Beetroot

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