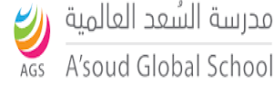


# Lunch Time

May 2018 Weekly Menu

Week: 1



Our school menus have been designed to provide balanced, delicious and healthy choices for your child using seasonal produce. Food is home-made and is cooked in School.

MENU	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SALAD BAR	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*
	Grated Cheese	Grated Cheese	Grated Cheese	Grated Cheese	Grated Cheese
	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg
	Tuna	Tuna	Tuna	Tuna	Tuna
SIDE ITEMS	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread
	Rice and Dahl	Rice and Dahl	Rice and Dahl	Rice and Dahl	Rice and Dahl
VEGETARIAN OPTION	Taco Shells with Salad	Vegetable Lasagne		Cheese Croissant	Vegetable Spring Rolls
	Vegetable Curry	Beef Lasagne	Margarita Pizza	Spaghetti & Vegetarian Sauce	Vegetable Biryani
Rice			Vegetable Pizza	Spaghetti Bolognaise	Chicken Biryani
Chicken Curry	Buttered Corn	Pepperoni Pizza			
			Potato Wedges		
		Garlic Bread	Baked Beans		
			Chicken Marengo		
SOUP	Spring Season Soup	Pumpkin Soup	Tomato Chicken Noodle Soup	Asparagus Soup	Chicken & ABC pasta soup
DESSERT	Chocolate Mousse	Rice Pudding	Fruit Salad	Rice Pudding	Custard Cream
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Sliced fruit	Sliced fruit	Sliced fruit	Sliced fruit	Sliced fruit
BEVERAGES	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice
	Water	Water	Water	Water	Water

Mixed Salad Bar includes: Lettuce - Tomato - Cucumber - Carrot - Kidney Beans - Peppers - Coleslaw - Yogurt - Beetroot

Our menus are made using 100% HALAL products  
All menu items are subject to change according to seasonality and availability.

# Lunch Time

May 2018 Weekly Menu

Week: 2

TAKAMUL شركة التكاثر الوطنية ش.م.م.  
NATIONAL COMPANY LLC



AGS مدرسة السعد العالمية  
A'soud Global School

Our school menus have been designed to provide balanced, delicious and healthy choices for your child, using fresh seasonal produce. , Food is home-made and is cooked in school.

MENU	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SALAD BAR	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*	Mixed Salad Bar*
	Grated Cheese	Grated Cheese	Grated Cheese	Grated Cheese	Grated Cheese
	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg
SIDE ITEMS	Tuna	Tuna	Tuna	Tuna	Tuna
	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread	Hummus with Arabic Bread
	Rice and Dahl	Rice and Dahl	Rice and Dahl	Rice and Dahl	Rice and Dahl
VEGETARIAN OPTION	Vegetable Teriyaki	Chick Pea Burger in Bun	Margarita Pizza	Vegetable Curry	Taco Shells with Salad
			Vegetable Pizza		
MAIN DISH OF THE DAY	Chicken Teriyaki	Beef Burger in Bun	Pepperoni Pizza	Shredded Braised Lamb	Breadcrumbs Chicken Breadcrumbs Fish Strips
			Chicken Pizza		
	Steamed Rice		French Fries	Broccoli & Carrots	Mashed Potato & Green Peas
		Coleslaw	Baked Beans	Yogurt	
	Green Peas	Chicken Marengo			
SOUP	Spring Season Soup	Pumpkin Soup	Asparagus Soup	Vegetable Soup	ABC Pasta Soup
DESSERT	Chocolate Mousse	Ice Cream	Fruit Salad	Rice Pudding	Muffin
	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
	Sliced fruit	Sliced fruit	Sliced fruit	Sliced fruit	Sliced fruit
BEVERAGES	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice	Fresh Apple or Orange Juice
	Water	Water	Water	Water	Water

Mixed Salad Bar includes: Lettuce - Tomato - Cucumber - Carrot - Kidney Beans - Peppers - Coleslaw - Yogurt - Beetroot

Our menus are made using 100% HALAL products  
All menu items are subject to change according to seasonality and availability.